

# THE NATION'S TOP PROFESSIONALS

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## **DOREEN FUKUSHIMA, MD**



**Founder, Psychiatrist**  
**Ho'ola Pono LLC**  
PEARL CITY, HI

**Dr. Doreen Fukushima**, the founder and psychiatrist of Ho'ola Pono LLC, is distinguished for her efforts to eradicate the stigma associated with mental health. Serving at the helm of the facility since 2019, she is regarded highly for her premier service to adult patients with mental health conditions. With a particular focus on treating patients with depression, anxiety, post-traumatic stress disorder, substance use disorder and schizophrenia, among other conditions, Dr. Fukushima is particularly proud of her resilience and determination in the face of the COVID-19 pandemic, as the health crisis emerged shortly following her founding of Ho'ola Pono LLC. In this regard, Dr. Fukushima rose to the test and continued her dedication to patients despite the challenges presented by the early years of the pandemic.

**Soon, Ho'ola Pono LLC** is expanding to include adolescents among its clientele following an FDA-approved treatment for depression in youth ages 15 to 17, called transcranial magnetic stimulation (TMS) therapy. To this end, Dr. Fukushima is affiliated with the Clinical Transcranial Magnetic Stimulation Society and remains at the forefront of psychiatric advancements through her membership with the American Psychiatric Association. Prior to founding her own psychiatric clinic, Dr. Fukushima served as a qualified medical evaluator for the California Division of Workers' Compensation Medical Unit. During her tenure, her unique

expertise in evaluating often complex psychiatric cases contributed valuably to her reputation in the field, emphasizing her stature as a pioneering figure in the medical community.

**Highly educated**, Dr. Fukushima pursued formal education at the University of Hawaii at Manoa, where she earned a Doctor of Medicine from the John A. Burns School of Medicine. Thereafter, she completed a residency at the university's psychiatry residency program in 2010, which ultimately formed her approach to not only patient care but also her intrinsic sense of empathy and understanding of other individuals' needs. In turn, these values have permeated Dr. Fukushima's treatment methodologies, having learned to treat each patient with the same care she would offer family members, cultivating important values of trust, doctor-patient rapport and interpersonal connection.

**As a testament to her success**, Dr. Fukushima was recognized as a Top Psychiatrist in Hawaii in 2024. Outside her clinical work, she enjoys giving back to her community through various charitable contributions and serving as a volunteer coach. Looking toward the future, Dr. Fukushima aims to continue her life calling by reducing the stigma associated with psychiatry and mental illnesses. Ultimately, she endeavors to maintain a healthy work-life balance while helping her patients recognize these same principles to apply to their own lives. 